

Community Events



FITNESS FESTIVAL 2026

MARCH 30TH 5:30-7:30PM

FREE!

WELLNESS FAIR
Learn about healthy living resources from local health focused organizations!

ACTIVITIES, GAMES, RAFFLES & FOOD TRUCKS
Play games, win prizes, enjoy great food and music and HAVE FUN!

SLOTHATHLON SIGN UPS
Pick up rules to join our FREE health challenge in the month of April!

FREE SMOOTHIES
WHILE SUPPLIES LAST

HERITAGE PARK 100N 100W IVINS, UT | IVINS CITY | SOUTHWEST UTAH PUBLIC HEALTH DEPARTMENT

Fitness Festival

The Fitness Festival is right around the corner! Come out to Heritage Park for a Wellness Fair, food trucks, music, games, FREE smoothies!!

Monday March 30th

5:30pm-7:30pm

Heritage Park (100N 100W)

Partner w/ the Southwest Utah Public Health Department



Utah Tech Womens Tennis vs Colorado Mesa (Double Header)

Date And Time

2026-04-11 @ 09:00 AM to
2026-04-11 @ 02:00 PM

Location

Bruce Hurst Field



AMERICAN LEGION
FAMILY DAY
SATURDAY
APR 25, 12 PM-4 PM

American Legion Post 74
Cedar City, Utah 84721

We invite the entire community for a special Legion Family Day

JOIN US FOR SNACKS, WATER, FUN, AND LEARN MORE ABOUT THE AMERICAN LEGION FAMILY AND ITS ACCOMPLISHMENTS!

The American Legion is the nation's largest and most influential veterans service organization. Our mission, to enhance the well-being of America's veterans, their families, our military, and our communities by our devotion to mutual helpfulness.

BE THE ONE Our mission to reduce the rate of veteran suicide and destigmatize the need to ask for help.
legion.org/betheone

AMERICAN LEGION FAMILY DAY
SATURDAY APR 25, 12 PM-4 PM

Cedar City Main Street Park
200 N Main Street, Cedar City, Utah

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